



Public Health
Prevent. Promote. Protect.

COVID-19

WEEKLY REPORT



Call 211

Need Help Fast?
Get the answers you need! It's Free.
Confidential. Multilingual. Dial 2-1-1 or
search online at mass211.org

MIDDLETON COVID-19 NUMBERS

MIDDLETON AT LARGE

Reporting Period of 2/19/21 to 2/25/2021 at Large (non jail):

+12 Cases

23+/- Active Under Isolation

MIDDLETON JAIL/DYS

Reporting Period of 2/19/21 to 2/25/2021 at Jail/DYS:

+0 Cases

MIDDLETON AGGREGATE : 1244

At large March 2020 to 2/25/2021: 712

Jail/DYS March 2020 to 2/25/2021: 532

COVID-19 Vaccine Hesitancy Survey

The Academic Public Health Volunteer Corps (APHVC) developed a survey to assess vaccination attitudes and the degree of vaccine hesitancy among people in Massachusetts

Results from the survey will be used to understand communication needs and inform vaccine confidence messaging going forward. We encourage you to take and share the survey with your network.

The initial deadline to complete the survey is March 12

Requirements: must be 18 years or older and living in or a resident of Massachusetts.

- Time to complete: 10-15 minutes
- Data collection: completely anonymous
- Link to the Survey:

<https://redcap.link/MAvaccinesurvey>



What to Expect after Getting a COVID-19 Vaccine

Accessible version: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect/after.html>

COVID-19 vaccination will help protect you from getting COVID-19. You may have some side effects, which are normal signs that your body is building protection. These side effects **may feel like flu** and **may even affect your ability** to do daily activities, but they should go away in a few days.

Common side effects

On the arm where you got the shot:

- Pain
- Swelling

Throughout the rest of your body:

- Fever
- Chills
- Tiredness
- Headache

Helpful tips

If you have pain or discomfort, talk to your doctor about taking an over-the-counter medicine, such as ibuprofen or acetaminophen.

To reduce pain and discomfort where you got the shot:

- Apply a clean, cool, wet washcloth over the area.
- Use or exercise your arm.

To reduce discomfort from fever:

- Drink plenty of fluids.
- Dress lightly.

When to call the doctor

In most cases, discomfort from fever or pain is normal. Contact your doctor or healthcare provider:

- If the redness or tenderness where you got the shot increases after 24 hours
- If your side effects are worrying you or do not seem to be going away after a few days

Remember

- Side effects may feel like flu and even affect your ability to do daily activities, but they should go away in a few days.
- With most COVID-19 vaccines, you will need 2 shots in order for them to work. Get the second shot even if you have side effects after the first one, unless a vaccination provider or your doctor tells you not to get a second shot.
- It takes time for your body to build protection after any vaccination. COVID-19 vaccines that require 2 shots may not protect you until a week or two after your second shot.
- It's important for everyone to continue using all the tools available to help stop this pandemic as we learn more about how COVID-19 vaccines work in real-world conditions. Cover your mouth and nose with a mask when around others, stay at least 6 feet away from others, avoid crowds, and wash your hands often.



Ask your healthcare provider about getting started with v-safe

Use your smartphone to tell CDC about any side effects after getting the COVID-19 vaccine. You'll also get reminders if you need a second dose

Learn more about v-safe.
www.cdc.gov/vsafe

HEALTHCARE PROVIDER, PLEASE FILL IN THE INFORMATION BELOW:

If your temperature is _____°F or _____°C or higher or if you have questions, call your healthcare provider.

Tell your healthcare provider about: _____

Healthcare provider phone number: _____

Medication (if needed):

Take _____ every _____ hours as needed.

(type and dose or amount)

