

Subject: Middleton COA Seeking Community Volunteers

In lieu of the rapid pace of the coronavirus, The Middleton Council on Aging is working diligently to ensure all Middleton residents 60+ are fully stocked with food during this time of social isolation. **The COA is looking for you to help** us build our volunteer base! Our goal is to maintain our quality services as the number of those in need increases. There are a multitude of capacities that you can help us! If you are interested in enrolling as a volunteer please complete the steps below.

Thank you in advance for being a part of what makes Middleton a supportive community and a special place to live!

Step I: Indicate your area of interest to volunteer:

- A. COA seeks volunteers for deliveries:** In expanding our delivery services and trying to stock the pantries of our senior Middleton residents, we are looking for delivery drivers, who are willing to take the proper sanitation steps, to deliver meals to homebound seniors needing meals.
- B. Grocery shoppers:** To minimize older adults' exposure to the coronavirus, the Council on Aging is developing a volunteer list to assist seniors in need through a new pick-up/delivery service for groceries and other needed items.
- C. Food Pantry Drive-Up Service:** We need volunteers to help us sanitize products, prepare boxes of staple food items and place groceries in the trunk of our senior who need the food pantry.
- D. Older residents “check in” calls:** Let’s fight isolation and catch a need before it becomes a problem. Help us call residents to check in, say hello, how are you and do you need anything!
- E. Monetary Donations to the COA and Food Pantry are Needed:** We understand that many of you that would like to help may either fall into the category of vulnerability yourself or maybe experiencing symptoms and are not able to help physically assist us at this time. Monetary donations of any denomination (there is no amount too small) would help us replenish supplies and purchase groceries for homebound seniors. If you chose to send a monetary donation please write your check payable to the Middleton Council on Aging or Middleton Food Pantry and mail it to Middleton Council on Aging 38 Maple St. P.O. Box 855 Middleton, MA 01949.

Step II: How to sign up!

If you are interested in assisting in any of these volunteer opportunities, please indicate which area(s) of opportunity you are interested in by contacting Jillian Smith, Middleton Council on Aging Director either by email jillian.smith@middletonma.gov or by leaving a detailed message at 978-777-4067 extension 1205.

Volunteers will be contacted as needs arise by COA staff.

Thank you for your consideration in this time of need!